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A NEWSLETTER FROM BRYANT LAW CENTER P.S.C.

JUNE ISSUE

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This year sure is flying by fast! I guess 2021's lightning speed pace isn't all that surprising after where we were this time last year!

SEE 'ECO-FRIENDLY' PAGE 5

A Message from Austin!

With summer in full swing and outdoor holidays such as 4th of July and Labor Day right around the corner, now seemed like a good time to remind people about the importance of practicing safety when it comes to recreational activities. Whether it's taking your motorcycle for a long ride on a warm summer day or going to the lake to cool off, it's important to always utilize safe practices like always wearing a helmet on your motorcycle and to avoid drinking when operating a boat or other watercraft. For many people that engage in these types of activities, it's sometimes easy to separate the differences in operating

a car versus a motorcycle or boat, but the risks associated with all remain the same. And even when you engage in the safe operations of motorcycles and boats, it doesn't mean that others are doing the same. For example, if you have a passenger on your motorcycle, you need to ensure that that person is also equipped with a helmet and other safety gear. Similarly, operating a boat under the influence of alcohol can lead to a citation, jail time, and expensive court costs, just the same as if you had been pulled over on the road and were under the influence.

Austin Kennady

4th of July and Firework Safety

Warm summer nights, friends and family, barbecues, and of course, fireworks! The 4th of July is right around the corner! Celebrating the United States independence and creating memories with our loved ones makes for a perfect holiday, but if we are not careful it can also lead to a disater. However, if we know the proper safety protocols, this can be prevented.

According to the CPSC, 12,000 people were injured badly enough to require medical attention in 2017. 67% of these injuries took place from June 16th to July 16th. Besides injuries, fireworks also start an average of 18,500 fires each year. What steps can we take to prevent these incidents from happening?

Firework Safety:

• Young children should not handle fireworks, older children should only if under close supervision.

- Maintain a safe distance.
- Never light fireworks indoors, in a container, or in your hands.
- Keep away from others, houses and flammable materials.
- Keep a bucket of water nearby. Soak used and unused fireworks in water for a few hours before throwing away.
- Do not use illegal fireworks.
- Do not use fireworks while intoxicated.
- Do not attempt to re-ignite a previously malfunctioned firework.

By practicing firework safety, our 4th of July memories can consist of eating hotdogs, seeing family and friends, and enjoying a beautiful firework display with loved ones instead of going to the ER or being visited by the fire department. Be safe, but also have fun!

• Use protective eyewear.

Summer Safety Series Announcement



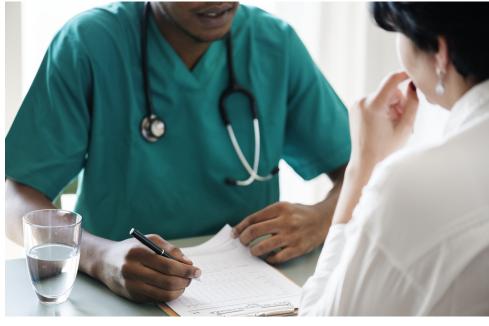
We are going to be highlighting common summer activities that can be hazardous and providing tips and tricks on

how to help keep you and your loved ones safe this summer. Check out our Facebook page to see more on motorcycle safety, boating safety, lawn care safety and more.

Legal Updates

- We always accept cases for Personal Injury, Car Accidents, Train Derailments, Worker's Compensation, Divorce, and Criminal Defense.
- We are still reviewing
 cases and accepting
 clients in our ongoing
 investigation into
 panoramic sunroof leaks
 and resulting interior
 and electrical damage in
 certain Volkswagen Golf
 Sportwagens, Alltracks,
 Jettas, Tiguans and Atlas
 SUVs. Litigation has been
 filed in multiple states.
- Our cases filed on behalf of clients who developed certain internal cancers after consuming prescription Zantac are proceeding through litigation and we are still accepting new clients.

Paraquat Exposure



The Bryant Law Center is currently investigating an association between paraquat - a restricted field herbicide commonly used in the Midwest and symptoms associated with Parkinson's Disease.

Use of the toxic herbicide doubled between 2006 and 2016 according to the USDA and it is linked with nervous system damage appearing years later in people who come into contact with it as sprayed it to kill vegetation in fields. Paraguat is a restricted use pesticide not available to the general public or for any residential applications. Licensed applicators would have worn protective gear and had specialized training on how to use it.

Health studies show links between exposure to this powerful herbicide and the onset later in life of neuro logical symptoms associated with Parkinson's Disease that include impaired gait, instability when standing, tremors, loss of coordination, tiny handwriting, and slowness of movement.

There is no cure and the paraquat solution is so toxic – just accidentally ingesting a sip could cause death. Among prominent people believed to have the disease is actor Michael J Fox.

If you or a loved one believe you may have been exposed to paraquat (sold under several names including Gramoxone, Firestorm, Helmquat and Parazone) while spraying fields to kill grasses and brush, and you have developed troubling neurological symptoms such as tremors and slow or impaired movement, contact the Bryant Law Center for a free discussion of your legal options.

- 4. We are still taking clients in our cases involving retail sales of mislabeled tractor hydraulic fluids sold with a "303" label. The fluid can cause damage to agricultural equipment and sales have been banned in Missouri.
- We are still accepting qualified clients in our 3M defective earplug cases.
 If you were a member of the military, were issued 3M earplugs and suffered tinnitus or other hearing loss, we are still evaluating cases.
- 6. We have represented multiple clients who have been victims of sexual harassment and sexual abuse. If you or a loved one has experienced sexual harassment or abuse in any environment, contact us for a free confidential case evaluation.

Dad's Day!

Sunday, June 20th is Father's Day! Father's Day is a day we show our appreciation to our Fathers and the Father figures we have in our lives. Please enjoy these photos from members of the Bryant Law Center family with their Fathers and families!



Joe and Emily with their son.

Kevin has many generations of dads in his family. Wow!



Mark Bryant and his family

Easy, Cost-Effective Ways to Make Your Home More Eco-Friendly

There are simple and inexpensive ways to transform your home into an eco-friendly haven.

Here are some great tips to help you get started:

- 1. Grow drought-friendly or native plants in your yard.
- 2. If you have the space, create a compost pile to help reduce trash that ends up in landfills; simply pick a sunny spot in your yard, add all of your kitchen scraps (vegetables and fruits no animal products) and water your pile every day.
- Nurture indoor house plants this helps improve the air quality in your home!
- 4. When grocery shopping, try to avoid any products that include plastic in their packaging.
- Buy or make your own natural cleaning products (you can make your own by simply using vinegar!).
- Unplug all appliances when not in use, including your TV.
- 7. Buy recycled toilet paper.



- 8. Don't run the water while brushing your teeth.
- 9. Hang your clothes to dry.
- 10. Keep your curtains open during the day and make natural light your friend.
- Speaking of light, try swapping out all of your lightbulbs for more energyefficient LED bulbs (Bonus: you'll also save on your electricity bill!).
- 12. Upcycle as much as possible! Reuse and repurpose jars and other food containers you can even get creative and upcycle food containers into planters for all those new air-purifying house plants! Protip: Pinterest

is a great resource for upcycling projects.

- 13. Try to buy used items as often as possible; become a regular at your local thrift stores, vintage shops, garage sales, and flea markets not only is this ecofriendly (and fun!), but it also helps save a great deal of money on items that you don't necessarily need to buy brand new.
- 14. Go paperless! Tired of getting bills in the mail? Most companies offer the option to go completely paperless and view your statements online.

Illustrations by Designs.ai





illegal to use.

The Bryant Law Center was among just nine law firms representing plaintiffs nationwide who reached an \$8.5 million settlement in a class action lawsuit against O'Reilly Auto Parts for marketing mislabeled tractor hydraulic fluid (THF).

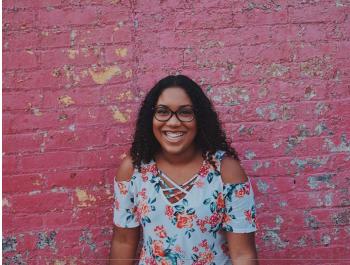
More than 166,000 class members nationwide – many of them small farmers, grounds keepers, mowing companies and homeowners – will receive compensation. The suit alleges that companies who produced hydraulic fluid labeled as "303 Oil" or "303" fluid were marketing a product that was made obsolete in 1974. The fluid was once sold decades prior as a John Deere product originally derived from sperm whale oil, which is now

State agricultural investigators in Missouri found "303," which was usually marketed in yellow jugs or tubs, to be a catch-all for selling substandard tractor fluids that in some cases had caused significant damage to farm equipment. The recent settlement announcement merged five lawsuits, resolving claims for 303 THF purchases made across the U.S. excluding Missouri. Missouri claims were resolved separately.

Without admitting any liability, O'Reilly Auto and other named defendants agreed as part of the settlement to no longer sell any tractor hydraulic fluid labeled or held out to be "303" or otherwise meeting an obsolete specification.

Educating KY scholarship winners !

2 lucky Kentucky high school students have been chosen to receive our Educating Kentucky \$1,000 scholarship! Both Jasmine Meadows from Paducah Tilghman High School and Olivia Carter from McCracken County High School submitted short videos sharing how the COVID-19 pandemic has affected them. Their videos were chosen out of the applicants to receive \$1,000 each for their college education. Congratulations and good luck as you start your higher education journeys!

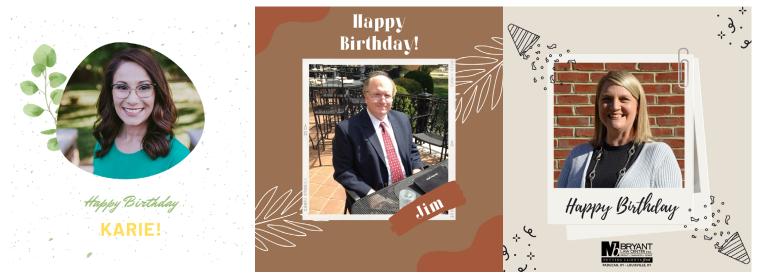


Jasmine Meadows



Olivia Carter

Happy Birthday Karie(May 13), Jim(May 21) and Kelly(May 22)!



Bryant Law Center: PUTTING CLIENTS first

Please know how much we appreciate your friendship and know that referrals of your friends and family to our law firm is the greatest compliment you can give us and we sincerely appreciate them.

Call: (270) 448-4847 | Email: lawteam@bryantpsc.com



I Was Injured in an Accident. What Do I Do Now?

If you or a loved one has been injured in an accident, you may be confused about what to do and how to handle the insurance company while dealing with your injuries. Download our free new book to help. It has the answers to the most important and frequently asked injury questions.

> Download Our Free E-Book: http://bit.ly/BLCAccidentInjuryBook

> Call: (270) 448-4847 Email: lawteam@bryantpsc.com

RECIPE

Nicoise Salad with Seared Ahi

Prep 30 mins | Cook 20 mins | Yield 4 servings

A twist on traditional French Nicoise Salad, this dish uses lightly seared ahi instead of canned tuna and oven-roasted vegetables instead of boiled potatoes and steamed beans.

INGREDIENTS

For the vegetables:

- 12 ounces peewee or miniature yellow potatoes (or other waxy potatoes)
- 1/2 pound green beans, ends trimmed
- 2 T olive oil
- Fresh ground pepper and kosher salt to taste

For the dressing:

- 2 T minced shallots
- 2 t whole grain mustard
- 2 T red wine vinegar
- 6 T olive oil
- Fresh ground pepper and kosher salt to taste

For the salad:

- 1 1/4 pound sashimi grade ahi steak, about 1 1/2 to 2" thick
- 2 t olive oil
- 1 head butter lettuce, washed, torn and chilled
- 1 head frisee (also called baby endive), washed, torn and chilled
- 1 pint cherry tomatoes
- 12 olives, Nicoise or other type of olives
- 1 T capers, drained
- 2 boiled eggs, peeled and quartered



INSTRUCTIONS

For the vegetables

- Heat the oven to 400 degrees. Spread the potatoes out on one baking sheet and the green beans on another. Toss each with 1 T olive oil and season with fresh ground pepper and kosher salt to taste.
- Roast the potatoes for approximately 25 minutes, depending on size. Remove from oven and toss after first 10 minutes. Potatoes are done when they can be easily pierced with a fork and have developed some nice color. Remove from oven and set aside.
- Roast the beans for about 10 minutes, tossing after 5 minutes. Beans are done when they are still firm, but are beginning to color. Remove from oven and set aside.

For the dressing:

• Place the minced shallots in a small bowl. Add the mustard and vinegar and whisk together. Whisk in the olive oil to form an emulsion. Season with salt and pepper to taste. Set aside.

For the salad:

- Rub the ahi with olive oil and season with salt and pepper. Heat a non-stick frying pan over medium high heat. Sear 2 minutes on each side, including the top, bottom and sides. The goal is to sear the outer crust of the ahi, but leave the interior pink and raw. Remove from the pan.
- Slice the ahi in thin 1/4" slices cutting across the grain of the fish.
- Spread the lettuce over a large platter or shallow bowl. Arrange the ahi slices, green beans, potatoes, cherry tomatoes, olives and boiled eggs over the lettuce. Drizzle with dressing and serve.