

A NEWSLETTER FROM

## BRYANT LAW CENTER P.S.C.

### DECEMBER ISSUE

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Here we are – at the end of 2021 - a year that will forever change the lives of many in our region. Just when our lives were slowly returning to normal from the Covid-19 pandemic, tornados with unprecedented strength ravaged through the heart of our area. Mayfield, Benton, Gilbertsville, Princeton, Dawson Springs, and Central City have destruction they've never seen before. Surrounding areas in Graves, Marshall, Caldwell and Hopkins also saw damage.

With Christmas two weeks away, thousands of people have no homes to decorate, no Christmas trees to place presents under, their workplace flattened, and jobs lost. Sadly, dozens of families are planning funerals instead of Christmas. We will adapt and pray, and just

like Covid-19, we will recover, though it may take years.

Instead of 2021 being the year our lives returned to normal, fate intervened again. We never realized how important the little things were for Christmas until they were taken away.

But we will recover from this tragedy as we have in the past from other events. Christmas this year will highlight the spirit of helping others. Many people in surrounding counties perform random acts of kindness and charity and don't seek public recognition for their efforts.

Church parking lots are already crowded with food and household donations for tornado victims. Multiple semis are hauling food and necessities donated from all across the region.

We have learned from weathering the waves of

Covid-19 to be thankful for every minute of every day. That becomes even more clear in the tornado's aftermath. We will again resurrect the spirit which caused people to band together to help when Covid nearly shut down our country.

Our spirit of giving and volunteering will be a beacon for others in the present and the future. The Bryant Law Center and its attorneys and staff stand ready to help those in need. We pledge to continue our mission to help our injured clients. We are hopeful that Christmas and 2022 will see us recover and work on rebuilding our lives. We hope everyone can enjoy this Christmas and New Year and see the true meaning of giving and volunteerism.

Sincerely,  
*Mark Bryant*  
President, Bryant Law Center

# Pain in the Parking Lot

*Parking lot injuries skyrocket during the holiday shopping season.*



**B**lack Friday signals the start of the holiday shopping season as millions of Americans head to their local shopping centers to find the perfect gifts for friends and families.

However, parking lots can become even more dangerous during the holidays due to distracted drivers and pedestrians not paying attention. The National Safety Council (NSC) says thousands are injured in parking lots during the holidays.

Most of the accidents are caused by distracted drivers, according to the NSC.

The agency shared some alarming statistics about what drivers are doing while driving in parking lots:

- 56% admit to sending or texting text messages
- 52% catch up on social media
- 49% say they take photos or watch videos
- 63% say they program their GPS after leaving their parking space

NSC also found that teens are more likely than adults to attend to personal grooming while driving in parking lots. However, older folks are more likely to be chatting on their cell phones!

Police say you should stay alert and focus on your driving. Here are some additional tips:

- Stay in lanes and don't cut across lots or aisles
- Drive slowly and use your turn signal
- Obey no-parking signs and stop signs
- Watch for pedestrians and other vehicles
- Be especially on the lookout for small children and parents with baby strollers

The holiday season can be an exciting time with shoppers focused on their long to-do lists and the search to find that perfect gift. Combine that with crowded parking lots and people results in a higher risk for serious injuries. If you get hurt in a parking lot, our experienced personal injury attorneys are here at the Bryant Law Center to help you get the compensation you deserve.

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# Sue Bryant's Pumpkin Roll

## *Cake Ingredients:*

3 eggs  
1 cup sugar  
2/3 cup pumpkin  
1 teaspoon lemon juice  
3/4 cup flour  
1/2 teaspoon salt  
2 teaspoons cinnamon  
1 teaspoon ginger  
1 teaspoon baking powder  
1/2 teaspoon nutmeg  
1/2 cup chopped pecans

## *Filling*

1 cup sugar  
6 ounces cream cheese,  
softened  
4 tablespoons margarine  
1/2 teaspoon vanilla

## *Cake instructions*

1. Beat eggs at high speed for 5 minutes. Add sugar a little at a time.
2. Stir in pumpkin and lemon juice
3. Mix remaining ingredients, except nuts, and add to pumpkin mixture.
4. Pour into greased and floured 15 1/2 x 13 1/2 inch jelly roll pan. Sprinkle nuts on top.
5. Bake at 375° for 15 minutes.
6. When cake is done, remove from pan to towel sprinkled with powdered sugar. Roll cake. Cool.
7. Combine all filling ingredients and beat until smooth.
8. When cake has cooled, unroll and spread with filling; roll again.
9. Slice to serve.





# Fun Winter Facts to Keep You Warm



**W**inter is here, and as colder temperatures descend upon the nation, it might feel like you'll never be warm again. While we can't keep out the chill, we can certainly help you dominate at your next trivia night. So, pour yourself a steaming mug of hot cocoa and stay warm with some of these interesting winter facts:

## **Coldest Place on Earth**

Thought it was Antarctica? Think again. While Antarctica is the second coldest place on Earth, the place that takes the #1 most frigid spot is Oymyakon, Russia.

## **Best Cold-Weather Critter**

Surprisingly, this cute creature we're accustomed to seeing hopping through grasslands actually has a distant cousin that lives in the Arctic tundra: The Arctic hare.

## **Your Brain in Winter**

All jokes about getting a brain freeze aside, recent studies show your brain actually functions better in cold weather. Why? Your body uses more energy to cool itself in hotter temperatures, thus taking away energy your brain needs to function at its best.

## **Cold-Weather Crime**

In a different kind of "cold case," a recent study showed that crime actually decreased during cold weather. The reason? Inconvenient weather conditions and people staying indoors help deter crime.

## **Foods that Fight Cold**

Having trouble staying warm? Try snacking on some of these foods that raise your

body temperature:

- Bananas
- Oats
- Red meat
- Sweet potatoes
- Butternut squash
- Chili peppers

## **Cold-Weather Complex**

Frigid temperatures can be inconvenient, but did you know that some people have a cold-weather complex? This phobia is called Cryophobia.

## **Snowiest City**

Love snow and can't get enough snow days? Aomori City, Japan averages 26 feet of snow per year!

## **Winter in the Milky Way**

If you think Earth's winters are long and uncomfortable, you might want to rethink that interplanetary move—on Uranus, winter lasts for 21 years! 📌

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*Illustrations by pikisuperstar*



# Firm News



## Emily Roark and Bryant Law Center Win West Kentucky Star People's Choice Awards 2021 for Best Lawyer and Best Law Firm

"I'm just good, but she's great!" said Mark after learning that Emily won first place for Best Lawyer, and he came in second. Thank you for your continued trust in and support of Bryant Law Center. We appreciate our clients and the community!



## Paducah's Community Kitchen

The Bryant Law Center presented a check for \$5,000 to Sally Michelson of Paducah's Community Kitchen to help feed the more than 10,000 people in Paducah suffering from food insecurity. The Community Kitchen alone serves as many as 1,000 people each day Mon-Fri from 11am to 1pm.

Help us silence the hunger and amplify hope this holiday season. Go to [www.paducahcommunitykitchen.org](http://www.paducahcommunitykitchen.org) and click on Donate. Donations through January 2022 will be matched by the Carson Myre Foundation so your donation has double the impact.



## Legal Line Announcement

Bryant Law Center will be answering your questions on WPSD Legal Line so be sure to tune in! Upcoming dates during the 12:00 noon newscast are:

- Thursday, December 16th
- Thursday, December 30th
- Thursday, January 13th

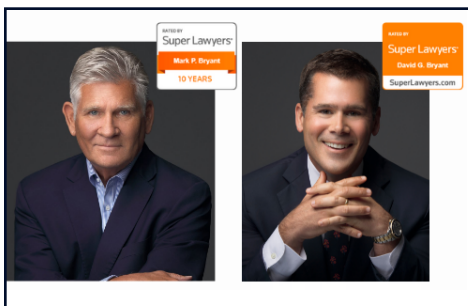
To see previous Bryant Law Center attorneys on Legal Line answering your questions on personal injury, car wrecks, workers comp and more click on this link: [Bryant Law Center videos on Legal Line](#)

# Firm News



## New Barkley Airport Terminal

Emily Roark helped break ground for the new \$42 million terminal at Barkley Regional Airport. Gov. Andy Beshear and US Senate Minority Mitch McConnell were also in attendance. The new terminal is expected to open in 2023 and is primarily funded by federal grants. Emily is the Vice Chairman of the board for the Barkley Regional Airport Authority.



## Mark and David Bryant Selected to SuperLawyers List

Mark Bryant, founder of the Bryant Law Center has been selected to the 2022 Kentucky Super Lawyers list. This is the 10th year in a row Mark Bryant has been awarded this honor. David Bryant has also been selected to the 2022 Kentucky Super Lawyers list. Each year, no more than 5% of the lawyers in the state are selected by the research team at Super Lawyers to receive this honor.

## Legal Updates

1. We are accepting clients who have been exposed to Paraquat and are now suffering from Parkinson's disease. Scientists knew back in the 1970's that the chemical was bad, and many countries around the world have banned it. Paraquat is a commercial strength herbicide and is sold under various brand names including Paraquat, Paradox, Gramaxone, Parazone among others.
2. We are still reviewing cases and accepting clients in our ongoing investigation into panoramic sunroof leaks and resulting interior and electrical damage in certain Volkswagen Golf Sportswagens, Alltracks, Jettas, Tiguan and Atlas SUVs. Litigation has been filed in multiple states.

## Legal Updates

3. Our cases filed on behalf of clients who developed certain internal cancers after consuming prescription Zantac are proceeding through litigation and we are still accepting new clients.
4. We are still accepting clients in our cases involving retail sales of mislabeled tractor hydraulic fluids sold with a "303" label. The fluid can cause damage to agricultural equipment and sales have been banned in Missouri.
5. We are no longer accepting new 3M defective earplug cases. If we already have your case, we are working diligently towards a settlement.

### CONTACT OUR FIRM:

PADUCAH OFFICE  
(270) 448-4847

LOUISVILLE OFFICE  
(502) 665-2922

## See Our Christmas Card at Noble Park This Holiday!

The Bryant Law Center represented Darrell the Elf, who was injured on the job by Dancer, whose joyous dancing got a little out of control one day. Darrell reached out to Mark Bryant for help with his personal injury. Mark then called Santa who was horrified to learn about Darrell's injury because Reindeer Management had not informed him of the incident. Santa thanked Mark for bringing this accident to his attention and quickly agreed to the request of 10 bags of chocolate drops and 5 boxes of peppermint sticks as compensation for Darrell's injury. Dancer also apologized and promised to keep her future dancing within her personal space. Darrell the Elf dried his tears and said, "You know this is the reason why everyone at the Bryant Law Center is on Santa's Nice List this Christmas!"

## Injured on the job?



Call 1-888-Mark Bryant

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## Would You Be So Kind?

A review is our greatest compliment, and helps other people know that our firm is one that they can count on. We'd love it if you gave us an online review!



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# LUGGAGE DRIVE

## TORNADO VICTIM ASSISTANCE

### New & Gently Used:



**Suitcases**



**Backpacks**



**Duffel Bags**

YOUR *Local* INJURY LAW FIRM

**BRYANT**  
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### DRIVE BY DROP OFF

**Bryant Law Center**  
**601 Washington St.**  
**Paducah, KY**



Our hearts and prayers are with the victims of the recent catastrophic tornadoes. To help those displaced, Bryant Law Center is collecting new and gently used suitcases, backpacks and duffel bags to deliver to victims to help them carry the few belongings they have left.



### **I Was Injured in an Accident. What Do I Do Now?**

If you or a loved one has been injured in an accident, you may be confused about what to do and how to handle the insurance company while dealing with your injuries. Download our free new book to help. It has the answers to the most important and frequently asked injury questions.

Download Our Free E-Book:

<http://bit.ly/BLCAccidentInjuryBook>

Call: (270) 448-4847

Email: [lawteam@bryantpsc.com](mailto:lawteam@bryantpsc.com)

### **Bryant Law Center: PUTTING CLIENTS *first***

Always feel free to contact us with any legal questions. There is never a charge to talk to an attorney, and we are committed to helping you in your time of need.

Call: (270) 448-4847

Email: [lawteam@bryantpsc.com](mailto:lawteam@bryantpsc.com)

